

## **Workstation Assessment and DSE Training for Assessors/Trainers**

**“Training your staff will actually want to go to!”**

Our Workstation and DSE (Display Screen Equipment) Training is a training course specifically designed to provide the employees, responsible for carrying out Workstation Assessment and DSE Training within your organization, with the knowledge, skills, technical and practical experience required to carry out individual risk assessments and to train all of your employees on using the Display Screen Equipment.

Participants learn about the requirements set forth by The Health and Safety (Display Screen Equipment) Regulations 1992 (DSE Regulations), as amended, as well as a broad range of related topics.

Having worked closely with a number of ergonomics specialists, we have designed a training course that is effective and memorable.

Participants are given an in-depth overview of risk reduction strategies, as they learn about the causes and consequences of spinal and upper limb disorders, linked to the use of Display Screen Equipment and their workstation. Postural awareness, back care, injury prevention and rehabilitation considerations are taught through a number of practical and theory based exercises. Participants also learn about possible risks to vision and ways to reduce risk and manage existing conditions.

Participants also have the opportunity to undertake Workstation Assessment and DSE Training on a number of other individual whilst supervised by our trainers. This provides them with the opportunity to practice the material covered in the training and to receive the guidance and feedback of our trainers, whilst delivering the assessment/training to other employees.

The Workstation Assessment and DSE Training is held on your premises, for up to 15 people, and is designed to give your staff the skills, confidence and knowledge required to carry out effective workstation assessments and DSE Training.

### **Duration**

Workstation Assessment and DSE Training for Assessors/Trainers courses are designed around the time available for staff and usually range between 2 and 3 days long.



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## **Customisation**

As the Workstation Assessment and DSE Training is delivered in your premises, we recommend that each client customises the training by providing us with your company's logo, Workstation Assessment and DSE Training policy and any other relevant information, that can be used in the course and should be shared with all participants. The information provided will then be added to the relevant section of the training and will be included as an integral part of the training course. There is no additional charge for customisation.

## **Certification**

Upon successful completion of the training, each participant is issued with a Certificate of Attendance, which are sent directly to your office within a few days of the training course. Additional testing of knowledge gained may be provided depending on your specific requirements.